

Agency	Food Service	Location(s)	Days/Hours Open	Eligibility Requirements	Language Assistance
FREE MEAL PROGRAMS					
Food for All	Free Hot Meals	Fairview Baptist Church Parking Lot: 600 Cornelius St, Hillsborough	Monday – Thursday: 6-6:15pm	No questions asked	Not currently
IFC Community Kitchen	Free Hot Meals	100 W Rosemary St, Chapel Hill	Monday-Saturday Breakfast: 6:15-8am Lunch: 11:15am-12:30pm Supper: 6:15-7pm Sunday Breakfast 7:15-8am Lunch: 12:15-1:30pm Supper: 6:15-7pm	No questions asked	No
Meals on Wheels	Hot lunch every Mon-Fri, Fresh Fruit, Milk and Home-baked Dessert (Catered through K&W)	Email through website or call 919-942-2948 Chapel Hill or 919-732-6194 Hillsborough	Food for home-bound individuals and families; fee with sliding scale Chapel Hill/Carrboro: https://www.chcmow.org/ Hillsborough at OCIM: http://ocimnc.org/mow.php	Phone interview and home visit; Max \$5/meal Referrals can be made through shelters, Doctor offices, relatives, self, social workers, etc.	None currently

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FREE BAGS OF FOOD					
Carrboro Farmers' Market	Local, fresh produce, food and art	301 W Main St, Carrboro	<p>Saturdays: 7am-12pm (year-round) Wednesdays: 3-6pm (seasonally)</p> <p>Check website for seasonal date/hours: http://www.carrborofarmersmarket.com/market-hours/</p> <p>Carrboro Farmers' Market participates in Farmer Food Share: After Wednesday markets, donated food goes to TABLE, Saturdays to the Equity Collaborative</p>	Accepts SNAP and WIC and Senior Farmers' Market Nutrition benefits. Also up to \$10 Market Bucks Match – see Market Welcome Booth for assistance with benefits	None listed
Food Bank of NC	Warehouse in Durham, 1 time service there	2700 Angier Avenue, Suite A Durham, NC 27703; 919-956-2513 ext 2103	Various Additional Locations and Days/Hours of Operation in Orange County: http://www.foodbankcenc.org/site/PageServer?pagename=programs_distribution	No verification process at Durham Warehouse	None listed
IFC Food Bank	Bags of groceries (shelf-stable as well as fresh items) Sometimes formula	110 W Main St., Carrboro	<p>Monday –Friday May access first come first serve in the mornings beginning at 9am or call 919-929-6380 on Monday to make an appointment for some afternoon that week.</p>	Household must live or work in Chapel Hill or Carrboro and bring proof of such (e.g., pay stub)	Yes, Spanish
Jackson Center (<i>Heavenly Groceries</i>)	Fresh produce	St. Joseph CME Church 510 W Rosemary Street, Chapel Hill	Monday-Friday from 3:30-4:30pm	Anyone in need. No ID or income verification required. Bring OWN BAG to put the produce you select yourself in.	None listed

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OCIM Food pantry	A week of groceries, seven times in a 12-month period of time.	300 Millstone Dr. Hillsborough	Monday-Friday 9:00 am-5:00 pm	Referrals from Orange County agencies, churches, schools. Must live in northern Orange County (not Chapel Hill-Carrboro) Photo ID required but exceptions can be made with prior knowledge.	Not currently
PORCH	Fresh and nonperishable food for families in Chapel Hill, Carrboro, and Hillsborough	Contact: Chc@porchcommunities.org	One time a month, families enrolled in the program get a week’s worth of fresh and nonperishable food. Families meet PORCH at designated public sites. Families served by PORCH Chapel Hill-Carrboro are those with children in the CHCCS school system in CH/C. Families with children in the Orange County schools are served by PORCH-Hillsborough.	Families referred by School Social Workers and periodically by healthcare providers. Enrolled based on referral and income eligibility.	Yes: Spanish/ Burmese/ Karen/ Arabic/ Swahili
RENA	Nonperishable items, sometimes fresh veggies, fruit, eggs	101 Edgar St, Chapel Hill, NC 27516	Every 3 rd Friday between 10am-4pm	Anyone in need	None currently

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TABLE	Nonperishable and perishable foods.	Delivery to families in Chapel Hill/Carrboro	Deliver bags of food to apartment buildings, schools, and afterschool programs	No eligibility requirements. Informational Referrals made through School Social Workers Or call 919-636-4860 to refer directly to TABLE	Form with Parent Signature in various languages; Recipes in English and Spanish
Transplanting Traditions	Agricultural education and 8-acre farm for refugees from Burma to grow traditional food	2912 B Jones Ferry Rd. Chapel Hill, NC 27516	Farm is open to participants every day. Staff are available M-F 9:00—5:00	All participants must be refugees from Burma	Interpretation available
WIC	Shopping card for free, healthy foods; nutrition and breastfeeding education and guidance; free breast pumps (separate eligibility); community referrals	Carrboro Community Health Center 301 Lloyd St Carrboro, NC 27510 (919) 913-1698 Hillsborough WIC (Whitted Human Services Center) 301 W Tryon St. Hillsborough, NC 27278 (919) 245-2422	Carrboro Hours of Operation Mon: 8:00a-8:00p Tues: 8:00a-5:00p Wed: 8:00a-5:00p Thurs: 8:00a-6:30p Fri: 8:00a-1:00p Hillsborough Hours of Operation Mon: 8:00a-8:00p Tues: 8:00a-5:00p Weds: 8:00a-5:00p Thurs: 8:00a-8:00p Fri: 8:00a-1:00p	For those who have Medicaid, Food Stamps, WorkFirst, or income based (family income less than 185% of the U.S. Poverty Income Guidelines)	Carrboro – <i>Spanish, Burmese, Karen</i> Hillsborough - <i>Spanish</i>